

Bb Blues - C Instruments

Suggested Rhythms

How to Use This Sheet

- Learn all of the rhythms written above for all three scales
- Practice each rhythm for 2 choruses using the practice CD
- Practice using 2 different rhythms during your solo
- Using rhythms #2 and #5, slightly change the rhythm to make them a little more interesting
- Add rhythm #3 little by little into your solo, also using space (rests)
- Add rhythm #6
- Continue adding the remaining rhythms and changing the rhythms.
- Make up your own rhythm patterns and incorporate them into your solos.

THINGS THAT MAKE A SOLO INTERESTING!

- Repetition, Repetition, Repetition!
- Rests / Silence
- Dynamic contrast
- Rhythmic Variety
- Occasional use of the Blues Scale
- Use the entire range of the instrument (low notes, high notes, middle notes)
- Using lots of air
- Play what you hear in your head.

NOTE: Don't try to play everything you know in your solo. Take your time and think about what your solo is going to sound like. You should be able to sing everything you play. Sing it in your head before or while you are playing it.

VARIATIONS OF THE Bb BLUES PROGRESSIONS

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|----------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|----|-------------|-------------|-------------|
| 1. B \flat 7 | B \flat 7 | B \flat 7 | B \flat 7 | E \flat 7 | E \flat 7 | B \flat 7 | B \flat 7 | F7 | E \flat 7 | B \flat 7 | B \flat 7 |
| 2. B \flat 7 | E \flat 7 | B \flat 7 | B \flat 7 | E \flat 7 | E \flat 7 | B \flat 7 | B \flat 7 | F7 | E \flat 7 | B \flat 7 | B \flat 7 |
| 3. B \flat 7 | E \flat 7 | B \flat 7 | B \flat 7 | E \flat 7 | E \flat 7 | B \flat 7 | B \flat 7 | F7 | E \flat 7 | B \flat 7 | F \flat 7 |